

Excel In Life

through 4D

.... A New Lease Of Life From Today!

K Jagadish

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by

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*“Time is the measurer of all things,
but is itself immeasurable, and the
grand discloser of all things, but is it-
self undisclosed”.*

CHARLES CALEB COLTON, Lacon

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Foreword

I am awed at the simple elucidation, lucid coverage and good integration of points covered in this document - “Excel in Life through 4D”.

The subject of TIME, a fourth dimension, is put forth in a holistic way; aided by sensory perception and functions, concepts, mind, brain, orthogonal, cortex, real concept and time energy; third eye; zero gravity; 3Ps and concentration.

This document is a guide to people having no integrated approach and also for alleviating stress, strain and exhaustion by understanding the functions of Mind and Brain, and utilizing the right brain.

I am absolutely sure that even a reader not having depth of knowledge in fields of Science; Engineering and Philosophy can assimilate the input easily.

I look forward to more such documents from Sri K Jagadish in the near future.

T.R. Satish Chandra,

Retired Scientist,

Defence Research and Development Organization.

Government of India.

PREFACE

It is my pleasant duty to welcome my esteemed readers on board this Aircraft Carrier! You can surely hit your target goals and accomplish what you wish. You can take some tips from this book and put your efforts to the brim of your willpower and determination. Nothing shall stop you from accomplishing whatever you deserve and rightfully desire. All that you need to do is to have some faith in my words, to start with, and soon, you may not need me, but I need you always!

4D in our context here is 'TIME', just at its rudimentary level, simply going by the dictionary meaning, at its best. The three dimensions in this world as we all know is length, breadth and height while 'TIME' is the fourth dimension. 4D encompasses the whole Universe, holistically, and we need to decide what we want to accomplish and when, and move on to drawing a road map of our future.

Human beings are at the top of creation in the Universe that we are normally familiar. Maybe you are entertaining an element of skepticism in this statement, but if we happen to meet a 'TRUE' mystic, the mystic can take us to several universes, but, non-materialistic. Here, it is not intended to go into these aspects. The TRUTH is Universal and it is God's own religion and way beyond man made religions. We are absolutely on that philosophy and this shall radiate TRUTH, all along. No second word about it!

After having blown the above trumpet, let us directly get on to our mission to explore TRUTH. TRUTH comprises of only 'CONCEPTS' from different perspectives in different contexts and we only experience its effects. We are blissfully unaware and totally ignorant of 'Causes'. Whether we like it or not, without any option, the most important or rather all that matters for human beings are mere concepts including TIME, the 4D.

TIME is a mere concept but yet the 4D, the fourth dimension in this Universe. All the other three dimensions are physical in nature. Therefore, the mystery behind the concept of TIME has to be explored - for example MIND. Perhaps I can gather my thoughts back on my earlier books “95%+ Success, a Guide to Mind Building” and “Fasten your Mind to Excel – an insight into Mind Lab”.

In this book, we shall walk together to know what TIME is all about, and how to make the best of ‘Now’, the present. We are helpless about the past and uncertain about the future, and therefore, the only way out is to take refuge in the PRESENT and make the best out of it. Here, we are right on the dot as we move on.

I have endeavoured to present the subject in a very simple and straight forward manner. Of course, the base is deeply Spiritual, while we can call this as ‘Applied Spirituality’ but, nevertheless, it is practical and ‘ready to use’ methods. The suggestions and tips given in this book fits in naturally and logically but avoiding the spiritual inputs. There is absolutely no need to draw tangents unnecessarily and mix up spirituality.

I would like to make it abundantly clear that this book contains a lot of words from science, medical related, geometry, dynamics and kinetic subjects. It is quite possible that many readers may not be aware or have interest in those words. But, to present the subject of TIME as 4D of our life, I am compelled to use the related technical words, whereas, the summary is very clear. Please be patient!

Instead of saying ‘Happy reading’, I invite you to join me in the cockpit, duly wearing the ‘Mind Gear’ and take off on a mission to strike the finite to achieve the infinite!

K Jagadish

Introduction

Overview

Human life is a conglomeration of CONCEPTS. Concepts are very tough to understand. The simple reason is that, by birth, we are used to 'touch and feel' experience and reasoning through our sensory organs. Therefore, the attention straight away is obviously more on sensory perceptions, which are physical in nature, while we have weaknesses in recognizing the concepts. Thus it pays us good dividends, if we can take note of 'CONCEPTS' more.

Quite ironically, almost all that matters to welfare of human beings, in absolute terms, are a bundle of 'CONCEPTS' and therefore the mystics and philosophers have called the life on earth as an illusion. Thus the fresh lease of life begins by recognizing and utilizing the 'CONCEPTS' to the best of our ability, at the earliest.

As we know, the body related subjects are the prerogative of the medical science and a lot of research and development is an ongoing process, as we are fully aware.

Concepts, as mentioned right at the outset, are absolutely

tough to understand since they are virtual and imaginary. Therefore, any attempt to understand Concepts can be called as 'Scientific Arts'. We do see an apparent conflict of interest in coining this word itself! We have no choice except to hop from non-materialistic philosophical inputs to reasoning with the human body, which is physical and materialistic.

Therefore, physical sensory perceptions and concepts, both put together encompasses our life on earth, which is intrinsically a place of conflict of interests. This point explains the reasons for many or most activities, as to why the results are uncertain.

The study and understanding of both the physical sensory perceptions and concepts is a 'Treasure beyond measure'. Understanding concepts can fetch us a new lease of life while we will walk through the 4D of our life, the concept of TIME better said as space-time.

Sensory Perceptions

Sensory abilities to see, hear, talk, smell and touch form the foundation of human life. We establish contact with the world from the platform of these five sensory perceptions, which operate through the nine portals of our body viz., two eyes, two ears, two nostrils, mouth, the reproductive and the excretory organ. The Creator has created the human body from the point of view of biological and intellectual functioning of the body, holistically.

The functions stated above are in a way independent of each other while it is still integrated neurologically. The effects of the sensory perceptions are processed by the

brain and the entire human body is very well coordinated and conditioned. Many functions of the body are closely knitted together in an amazing manner.

Since we see everyone else with typically a similar body, our ability to appreciate our own body is drowned in both ignorance and illusion. The word ignorance should not be misconstrued and is said only from the point of view of how disinterested we are in the Creator's extraordinary creation, that is, our own body!

Concepts

As already stated in the earlier paragraphs, what's most precious, critical and absolutely needed for the wellbeing of human beings are embedded in CONCEPTS. Although this point looks mysterious, it is the TRUTH and it is universal. Our Universe is going on and will go on according to the 'Blue Book' of the Creator. The entire contents of the 'Blue Book' is nothing short of Concepts in several permutation and combinations depending upon the context and subject involved. Just like the Constitution of any country, it is 100% democratic in absolute terms, so is the human body. No one can breach the laws of nature in any manner.

Just to make sure that we are on the right frequency of understanding, let me define what Concept is by citing a couple of mundane examples. Density is a concept which is matter per volume. Specific gravity is yet another concept which is the ratio of density of one substance compared to density of a different substance. They come under the category of Fluid Mechanics concepts. Well, we are not on the subject of mathematics or physics or chemistry but for

the citation of some commonly “defined” example of concepts for better understanding. Both the examples are on a factor of volume which is ‘space’, contextually.

The inference that we can draw from the examples above is that, there exists a big tree of concepts out of one concept, and several concepts can be combined and integrated to make a chain of concepts.

Many concepts like the cited examples are taught in Universities as a matter of academics, certified and universally accepted and they are unimpeachable!

Quite ironically, the ‘Life Concepts’ are never taught anywhere while every breath of ours is dominated by one concept or the other, and, at times, we experience the impact of a series of concepts in a split second!

As we discuss this point, is anyone getting a trillion dollar idea to start a ‘University of Concepts’? Oh! The Creator is a very clever guy! HE has kept all lucrative ‘business proposals’ for HIMSELF! Maybe HE is absolutely selfish! God is love and thus HE will not hate me and therefore there is no need to fear God, at least, if we are unable to love HIM.

This Universe is pregnant with CONCEPTS and mysteries, and by the time the delivery can take place, we may not be around. Since we have intelligently invented several diagnostic medical instruments, let us use our familiar ‘ultrasound scanning’ method to know more about the foetus, the Concept of TIME.

SENSORY PERCEPTIONS

SENSORY PERCEPTIONS

The human body is a mirror image of the macrocosm* dominated by Concepts. Concepts, in a way, can be called as an illusion, but it is unfortunate that our own comprehension of the illusion and its illusionary nature are most often way beyond mere sensory perceptions. However, it is the category of mystics, saints and philosophers who could dwell on the illusionary nature through super-consciousness by transcendental meditation.

Thus sensory perceptions have very limited comprehension of this Universe. We have limited tools in our hand to continue in life and limited scope to explore the Universe with our sensory perceptions. We always reason out by perception of effects and fit in reasons for every effect we experience through logic.

MIND

Mind is the pinnacle of all concepts. It is the engine of human life and no amount of study to understand what Mind is all about is sufficient.

**Unlike the macrocosm, which contains all things and is immortal, and hence has no need of sensory or digestive organs or limbs for locomotion, the microcosm is only a part of the whole, and its existence is threatened by the surrounding elements, so that it needs such additional parts to perceive and avoid danger and to replenish the nutrients it loses.*

I have already drawn your attention to my previous works on Mind in the Preface to this book. Mind is the nucleus of our life on earth and life can never be isolated without the involvement of Mind, breath on breath.

Mind is nothing but a railway track and two lines viz., sensory perceptions and stream of concepts, which are always parallel. Thus the life is complexly sandwiched between the parallel tracks of Mind and sensory perceptions through the sensory organs. The sensory perceptions obviously are physical in nature and by birth we are habituated to accept it as 'absolute reality' by virtue of reasoning and logic. This means that perceptions of Concept are set aside which conveys that 'causes' are isolated, selectively, but the entire thrust is only on effects.

BRAIN

Brain is the hardware of human supercomputer and Mind is the software running on it - this is how I propose to put it across. There are any number of reasons for me to take this view. Since we are more on the track of sensory perceptions which are physical and material, let us try to gather more thoughts on brain.

Human life is paradoxical in the sense that physical body which is finite and sustaining on sensory perceptions has its infinite non-physical master. Mind, intrinsically, is a big bundle of Concepts and a tree of CONCEPTS.

To excel in life despite the glaring conflict of interest mentioned in the above paragraph is highly challenging but it is yet practical to accomplish our goals. Therefore, an in-depth understanding of the entire paraphernalia involving both brain and mind is an absolute need.

Medical science deals with the human body, which is physical matter just like a computer hardware. Doctors

have no choice to treat it as a computer engineer would treat a computer. If some part is malfunctioning, it will be fixed up or replaced. In such an event, the software running on it may or may not be compatible. Here, by software I mean whatever the MIND generates in terms of concepts and its chain, is almost like computer software but a billion times more complex than what we use along with our computers. But under all conditions, there are well defined limitations of brain which obviously comes to surface. The study of brain is incredibly complex and despite so much R&D that has been already done and is still continuing, there are several mysteries still surrounding human brain. Thus the Creator is surely shy to reveal all that while the mystics do have an answer, but the scientific community is stubborn to keep them away.

Nevertheless, Albert Einstein has indeed subscribed to the points of Philosophers like David Humes (1738), who authored “A Treatise of Human Nature”. This book made a big impact on Einstein’s thinking about space and time.

“David Hume was an empiricist (Empiricism – all knowledge is derived from sense experience) and a skeptic believing that scientific concepts must be based on experience and evidence, not reason alone. He also held that TIME did not exist separately from the movement of objects”. In one context, Albert Einstein said, “It is very well possible that without these philosophical studies I would not have arrived at the solution.”

The citations above open up ‘flood gates’ of skepticism on scientific findings vis-à-vis philosophical knowledge which is nothing but rising the state and level of consciousness by transcendental meditation and orthogonal movement (orthogonal – perpendicular in the context of geometry).

We shall walk a few baby steps a little further as to how orthogonality has contextual meaning.

SNAPSHOTS ABOUT BRAIN

It is time proven and well accepted that human Brain is divided into two hemispheres, the right and the left. It is also proved by extensive research and development the contribution of the two hemispheres of the functioning of the brain to human life in specific details. It is indeed fascinating to observe many unique points and we are left with no option except to appreciate the Creator by virtue of our own body in the first place.

Of late, due to number of reasons, we have been losing track of understanding our own body, so much so, instead of acting in tandem, we are all out resorting to conflict of functions of the body. Just a quick analogy - someone complaining of sleep issue is on a medication to induce sleep and instead of creating an environment to sleep, that person opts to move about. Thus the medication itself boomerangs. Though it sounds quite odd, this sort of self damage is indeed being observed in so many walks of life.

In the context of this book we are compelled to understand some salient points about human brain from a functional point of view and the principle of operation. This is in a very limited perspective impacting our subject.

BRAIN MENU

Human brain is divided into two parts or two hemispheres, the right and left. Science and technology has thrown up very important and critical parameters about brain and we now have mind boggling information with facts and figures. This helps us in drawing references from the macrocosm* (*explained in the footnote earlier) and its impact on

microcosm. Despite all the scientific data we have on various functions of brain and in fact, the whole human body, it still cannot comprehend the Universe.

Medical Science and Technology has clearly established distinct information, data and characteristics of both right and left hemispheres of brain. They have generally classified unique areas of activities in our life, so much so, that it is both subjective and objective. It aptly fits into the pattern of life in terms of, say, profession, personality traits and so on. For example, a very good musician or an artist may not be good in mathematics and vice versa. Exceptions can always be expected due to number of reasons. This apparent scope and limitations which can also be termed as 'conflicts' of skills or talents has its deep roots in sensory perceptions versus conceptual perceptions. At this point, perhaps, one has to put more weight on concepts since it is bound to override everything that is rational and logical.

It is estimated by appropriate medical doctors, medical researchers, psychologists, neuro scientists and neuro anatomists that 87% of right brain is in 'Holistic Mode' while 13% of left brain is involved in 'Linear Thinking Mode'. Let us try to understand a bit more on the ingredients of 'Brain Menu'!

RIGHT BRAIN

As already stated, it is always on Holistic Thinking Mode. It has its primary activity involving several areas of human life given below:

- Imagination
- Music
- Memory
- Creative

- Instinct
- Emotion
- Art

LEFT BRAIN

Left brain is ever on Linear Thinking Mode. Its functions cover the following areas of human beings:

- Rational
- Symbolic
- Digital
- Mathematics
- Analytic
- Objective

BRAIN CROSS WIRED

This is something amazing! While 87% of brain contributes to Holistic Thinking and 13% to Linear Thinking, the neurological and motor control functions act exactly opposite as far as instructions are concerned. The right brain controls the left portion of body while left brain controls the right portion!

Surprisingly, there are several celebrities who are left handers. For example, Barack Obama, Bill Gates, Oprah Winfrey, Napoleon and a host of other big names. However, it is wrong to presume that right handers cannot rise to such levels.

Right Brain's functions are, by and large, concept-oriented and is responsible or in control of 87% of activities in life, if at all we use it or need it. Irrespective of everything, it thus holds the key to excel in life. It shall, however, never mean that we can ignore the Left Brain.

The tragedy in life is that, in the first place, most often we are not aware of our own capabilities and skill sets as far as Right Brain is concerned. Secondly, we keep hunting opportunities in the arena of Left Brain and thus waste time and energy.

A case in point could be the example of a 6th grade student who is unable to catch up with mathematics and he is beaten up mercilessly (of course, in India). Whereas, no one tries to understand the problem of that student while, for all we know, he may possess good artistic skills. Thus we ignore what he is worth and enforce what he cannot grasp. As he grows up with subjects not in his arena, he starts looking up again for jobs in the wrong place and suffers. This is a general problem in the society and it is high time an aptitude test is made mandatory to qualitatively estimate the aptitude of students in pursuing education. Since the whole society has now become a photocopy of each other and desperately trying to chase and compete with neighbourhood, unmindful of consequences, we are witnessing wrong people at strategic places. Thus lack of understanding of 'what we are' is endangering the society.

It is worth noting that the strain, stress and exhaustion on the neurological system of the human body is possibly caused more by the excessive use of Left Brain. However, to relieve ourselves from the obvious uncomfortable neurological wear out, one can get relief by using the resources of the Right Brain. Is this not the reason why anyone stressed out would like to listen to music of choice and take shelter and solace in music and relax.

It may be worth observing that using the resources of Right Brain is less unlikely to exert pressure on neurological system unless there are certain bodily ailments or

discomfort. Therefore, one immediate inference that one can draw is that the Right Brain resources are unlimited and blends with the infinite cosmic energy easily. Further, I have the courage and conviction to put it on record that the more we use Right Brain, the better is for us while the resources keep on expanding multi-fold unlike the Left Brain, which tends to deplete or reduction of energy.

Summing up elementary points related to human brain while distinguishing between Right Brain and Left Brain, my own take is as follows:

- Right Brain is the nucleus of all Concepts, Universally.
- Right Brain is pivoted on Concepts. The effects and reactions emanating out of Concepts on Brain is totally different. The normal reasoning as experienced by the physical sensory perceptions may not hold good, and thus Right Brain people may have wild imagination.
- Since Right Brain has the primary portfolio of IMAGINATION, sky is the limit, and when a spark of such imagination is activated by the resources of the Left Brain, it may lead to innovation.
- Creation, God, Philosophy, Knowledge of Astral and higher Universes is embedded in Right Brain.
- Resources of Right Brain is infinite and thus the more we use, more it accumulates. Humanity, by default, needs it and thus the growth is organic.

Let me emphatically mention that we are not trying to either think low or accord lower priority for functions of Left Brain. However, the anomalies in society is mainly due

to Left Brain and the greatest danger to society is the greed for power and money, prevalent across the globe.

Moving on, rather a big step forward, directly on to the title of the book, I need to present a lot more about human sensory perceptions starting with eyes.

HUMAN EYES

HUMAN EYES

In human sensory perceptions, eyes have the greatest role and its functions are unique and extraordinary. It is one of the greatest gifts of the Creator to human beings.

Just the physical location of the eyes is so strategic and the Creator's intelligence is beyond words! It is deep inside on the face and the other organs more or less act as 'body guards'.

Anything happening to any part of the body, possibly it is the eyes that will file the 'first information report'! In a micro sense, it encompasses several branches of optics, hydraulics, mechanical and dynamics engineering, which is holistically integrated, and thus takes care of all that a human being needs to move on in life.

In terms of information input to brain, which I call it (brain) as the hardware of the MIND, the contribution of information from eyes is the maximum. Take a look at the percentage contribution of information to mind from different sensory perceptions.

Sight	75%
Hearing	13%
Touch	6%
Smell	3%
Taste	3%

From the above figures, it is thus evident that we need to give due importance to information from eyes, which, on the whole impacts almost all activities of life. Some of them very direct and instantaneous, some indirect and some with a time gap, and yet a lot more over a long period of time.

Saints, sages, mystics and philosophers of all times have been saying that the pattern of human life is a matter of 'impressions' of the past and it has its assertive role in the present and obviously the future depends on the present.

All information to brain although appear to be tangible and physical, it is being processed, computed and stored as impressions in the brain, which is the hardware of MIND. Whereas, information processing, computing and storing is decidedly invisible, abstract and intangible. Has anyone seen with any advanced and sophisticated diagnostic instrument as to what is stored in the brain of any human being?

Even brain mapping cannot get a hold on the stored impressions, be it of the past or present, and it is done in real time by studying the movement of neurons. Of course, it can help the medical professionals in so many ways which is not our context.

INVERTED IMAGE

It is quite possible that many of our readers are indeed very much aware that the image of whatever we see is inverted on the retina of eyes. Then how do we finally see the right-side up image? The optical information is duly processed in the brain and we perceive the image right-side up. The processing of optical information happens in a mysterious manner inside the brain. This includes colour separation, binocular single vision and so on. Since we

have two eyes (binocular) and both eyes capture the image yet we perceive it as a single image.

Despite the fact that the medical professionals are very much aware of each and every minute part of the anatomy of brain, the 'how and why' of many points - a great majority of salient functions of the brain - still remains to be mysterious. It is not that we are trying to belittle the profession in any manner for sure, but it is the hand of Creator which is camouflaging from breaking into mysteries, lest, there would have been a factory manufacturing humans as per certain specifications such as gender, beauty, intelligence, political and corporate power, money holding etc. Yet another trillion-dollar business idea lost!

Incidentally, as I also possess good knowledge in Astrology, may I point out that the first star of the Zodiac is 'Ashwini' belonging to the South Node that is Ketu, supposed to be the bottom portion of the demon. Ketu and Rahu, the North Node, are ever retrograde, meaning that it moves anti-clockwise. It is mysterious that Retina captures the inverted image only to be processed in the brain for right-side up.

I wish to bring another point here. Take the case of how humans enter this Universe. Baby comes out of a mother's womb, head down. Does it mean, don't walk with your head conveying 'just get rid of your ego'. Wait and walk with your legs only. If a baby's head is not fixed in the pelvis, the doctor has no choice except to resort to Caesarean section.

I will never miss an opportunity to pull my readers to what I want to convey. For a while, look at the geometry of what happens during child birth. It is indeed orthogonal. Just wait for few seconds and you will land on orthogonal!

CREATOR CAN NEVER BE FOOLED!

Back on the track, neuroscientists have even experimented as to what happens when spectacles to invert image at source so that on the Retina, the right-side up image is captured. It revealed that for a few days, the participants in the experiment did perceive inverted images and after a little while, they started seeing the right-side up image despite wearing the spectacles to invert the image. When they removed the image-inverting spectacles, for some time, they were seeing inverted images and then normalcy was restored. Irrespective of the conclusion drawn by medical fraternity, my take is that the brain cannot be fooled! What an amazing experiment and what a miracle! Therefore, the Creator can never be fooled!

CEREBRAL CORTEX

Cerebral Cortex is a 'gray matter' over the two hemispheres of brain and has six layers. Each one of the sensory organs like, visual, auditory etc., has its own cortex and although they are independent still they are a part of the whole. An excellent coordination exists between all the cortices including the ones related to motor control of the entire body. Words cannot express the holistic functioning of human brain and it is simply marvellous!

As I mentioned earlier, not to miss an opportunity to read in between the information I possess, look at the word 'gray matter' mentioned above. How do we use it in our life? The areas not clear to us, we say 'it is a gray area'. True to the core, it has its roots hidden elsewhere and there we are.

VISUAL CORTEX

This is what matters for us in our context. All information that the eyes collect is processed at the Visual Cortex and

it is here that the inverted image falling on the Retina is made right-side up. Binocular (two eyes) vision is made single and the brain supplies a single image to the MIND and thus we see only image. Let me remind you that I love to call it as an impression since the entire human body is totally wired up and therefore let us say 'audio-visual'. Nevertheless, it is so comprehensive that it includes memory, ambiance, company of all those present and so on. Absolutely, it covers all that is part and parcel of any situation. Further, even it imprints the impressions which will become input to sub-conscious MIND. Further details are available in my books on MIND. There is so much to know on several aspects of Visual Cortex and since we want to limit our thoughts to 4D, let us now hop on to dimensions.

BRAIN & DIMENSIONS

Brain has an inherent capacity to perceive the three dimensions that we are all aware. That is length, breadth and height. Apart from these three dimensions, it certainly does not have the ability to visualize the fourth dimension, the 4D, which this book talks about.

4D has two components - space and time. Both of them are mere concepts and therefore, it has no physical existence. All things which has no physical matter is thus non-materialistic and therefore coming under the category of metaphysical. The word metaphysical means highly abstract and has its deepest meaning in Philosophy. Scientific community has been tactfully avoiding anything on which they cannot lay their hands on but resort to just reasoning. I am not making any adverse comment on them while I appreciate in no uncertain terms their excellent contribution to humanity in so many ways but for which life would have become even more tough.

Even though our brain can easily take cognizance of three dimensions, it still has the intelligence to visualize or imagine many points by virtue of Right Brain's tremendous capacity of Holistic Thinking capability. Therefore, we know, to move a 3D object there is space required and it involves a certain amount of time or period to move. Thus space and time gets integrated and it is called space-time. However, both space and time are independent concepts.

There are several categories of professionals involved on the subject of space-time. They include physicists, mathematicians, scientists from various branches of science and so on. Very complex theories have indeed been propounded by them and many of them presumably oppose each other on many points while there is some consensus of opinion on some points as well. At least we are away from all that's here, and it is of no consequence since we are not on a mission of scientific and mathematical approach to 4D.

3D CINEMA

Since we have touched upon the point of ability of brain to process visual activity, in coordination with many other sensory perceptions, let us take a short call on 3D cinema on a 2D screen.

In case of 3D cinema, there is a special technique involved in post-production rendering presumably in terms of colour manipulation. The viewers are given special spectacles which has different tints of glass for two eyes. It is red for one eye and cyan for another eye.

When the picture is projected on the screen, probably there are some special lighting arrangement also in place in front of the display screen to introduce some extra light other than the rays coming from the projector. When all

this paraphernalia are put together in manipulation of colours, the brain perceives a three-dimensional effect. This is nothing but an optical illusion. Nevertheless, technology is improving by ongoing research and development and it is possible that the 3D effect for viewers will further get improved.

The ability of brain to perceive higher or more dimensions does exist and therefore, it is also possible to conceive the idea of 4D which is Space and Time, once we create an awareness in ourselves.

ORTHOGONAL

The dictionary meaning of orthogonal is perpendicular. A word which is common in geometry. The word geometry itself is pregnant with meaning. It is a chameleon and changes its characteristics and nature with the subject that it is associated. Maybe you are taken aback when suddenly a word of geometry has dropped from thin air!

Since our context is 4D, it is compelling for me to get on to dimensions and thus to a very minimum extent, the need is imperative.

Geometry means earth measurement. Basically, it involves conceptual lines or imaginary lines. Well, for the purpose of academics, especially for mathematics, it is an important subject of study. Out of so many words that appear in geometry, (orthogonal is one which is of quite some meaning here as derived meaning).

In any discussion or debate, if we say one person is orthogonal to another means it is not relevant. In geometry, it is perpendicular. In computer software it means portioned or it is an independent command not affecting other functions.

In medical science it is generally used to point out physical location with reference to another point. In the context of 4D, it is pointing towards the Astral Universe and beyond 3D.

Our normal movement is generally in two planes and may be upwards when we fly in an aircraft. As far as human body is concerned, it is the consciousness level moving up the spinal cord and saints and mystics call this as vacuum ie., when human beings lose consciousness or in other words travel upwards in transcendental meditation.

Child birth is precisely opposite of consciousness coming straight down and if we physically locate, it is just below the spinal cord in the pelvic region. Therefore, birth and death prima facie are diametrically opposite to each other as far as movement of conscious current in the body is concerned and in a way they are perpendicular to each other. We drop down and move on a horizontal plane. From a philosophical perspective, the life on earth is a lateral spread of the attention currents through sensory perceptions. Being orthogonal to lateral or horizontal spread is nothing but collecting the attention currents to move upwards. Therefore Time, the 4D has its unique role in the exercise.

SPACE AND TIME PERCEPTIONS

SPACE AND TIME PERCEPTIONS

Time and Space are inseparable in this physical Universe. The concept of Time is quite different on the physical plane. There are two ways of going about the subject. The first one is several theories put forth by scientists, mathematicians and all associated academicians across the world. Each one of them have their own agreements and disagreements on reasons and logic while the debate will continue. The second one is theories, comments of philosophers, saints and mystics, who invariably consider the existence of soul and MIND. Obviously, they cannot adduce any scientific evidence and would say 'do as I say and experience yourself'.

The result of the information made available to common man who have their own daily chores to eke out a livelihood and carry on in the world itself is a big job. It does not matter who is what, and the cup of misery is full to its brim. Only the degree varies and the context varies. By taking a bird's eye view of the situation, we would conclude that all are in the same boat and only the place in the boat varies. Even the direction of the boat obviously and decidedly has to be the same. Whether we are talking about heads of nations or a commoner, the ultimate result in terms of life pattern, difficulties, problems and situations are very similar. Possibly, in terms of social recognition, names

being nationally or internationally known, philosophically speaking, everyone is born the same way and die the same way. In between experiences may differ widely. Ultimately, there is an end.

Therefore, instead of resorting to hair splitting discussions and arguments, for or against any particular group, be it the scientific community or the saints, mystics and philosopher community, I shall present my own feelings, thoughts, perceptions and suggestions to get the best advantage of life. It hardly matters who we are and what we are, but universally applicable for all, for sure.

Before firing the shots, let us also give due regard to the experiments that were conducted by various groups across the globe in a very short and precise manner.

- The psychological present (even presence) – the actual present state of mind and how brain feels about it at given instant. As the time elapses, obviously it becomes future. After some more time lapses, what was ‘present’ becomes ‘past’ and now, ‘future’ then, has now become the ‘present’. This is just taking a slice of our routine, say a day’s routine for our simple and straight understanding.
- Then comes the perception of sequence of events during the earlier phase above. Let us recognize various sensory perceptions and how Mind has perceived it.
- Next is duration of perceptions above as far as Mind is concerned. For better clarity, let us be clear that Brain is doing the job while Mind is taking on the feelings as IMPRESSIONS. We are neither scientific nor philosophical.
- It was duration that was mentioned in the earlier point, but now consider the estimated duration. Because, we

always feel that so and so job we need so much time etc. Therefore, is there any gap between the actual duration and estimated duration.

- Next move on to the type of activity which is of utmost importance. If it was forced on us, our inferences are one way and if it was our own volition, then things are decidedly different.
- Depending upon the above observation, the level of motivation and involvement varies and hence our conclusions too.
- Our personality traits like some jobs and we are too happy to take it up while some as a matter of 'paid duty' and some may be obligatory. Here again the perceptions of Mind and hence the perception of Time changes.

Time has its basic roots in the Mind when we compound the results of the above, say, experiments. We have taken a small slice about how past, present and future thus get linked up. On a bigger scale, perhaps the results will vary due to number of reasons like destiny and so on, which are outside the purview of this book. Also, if a job on hand is interesting, the duration of time spent automatically is perceived as 'less'. Like the time we spend in the company of loved ones - even the whole day looks like just a couple of hours. The roots for this type of feeling lies in Mind while the brain is doing its job, diligently and sincerely.

Neuroscientists have made extensive research on what Time is. In fact, their contribution is very significant and always point towards the resources of Right Brain. Further, it goes on the lines of saints and sages, who have first hand

experience of not only this Universe, but also presumably several other Universes too.

Neuroscientists have found that when the Mind is still and stable, rather thought-free, and hence the level of consciousness is high, elapsed Time is less. This is because of the fact that Mind enjoys all that goes in that duration or period irrespective of the ambiance and is disproportional to actual elapsed Time as measured by a clock. Hats off to their findings, but, can the benefits of that could be passed on or disseminated to the society? Unfortunately, it is not the case and this book is precisely for that cause. Let me now make my presentation and be assured of a new lease of life as per the title of this book!

PERCEPTIONS OF TIME, THE 4D

PERCEPTIONS OF TIME, THE 4D

TIME, THE 4D

Space and Time are knotted together as stated already. It can never be isolated in this Universe. Without Space there is no Time and without Time there is no Space. Both are the two towers of CONCEPT. Both are infinite and hence not physical or material or matter. Human eyes cannot comprehend in any manner. Through our sensory perceptions, at best, we can perceive the effects in total isolation of causes. Every human being has equal share in every respect.

Both Space and Time are nothing short of Cosmic Energy, freely distributed by the Creator. From now on, let us just take only Time into consideration since we are not on a thesis about Space, and on Time, we want to be practical to get the best of our life.

DO WE HAVE ANY CONTROL ON TIME?

Absolutely no control and no one can stop, start, change, manipulate or modulate or dope, add or subtract and tamper in any manner even with all types of technology in our hands. It just goes on. Even the Creator will not or do not tamper, modify or change TIME. It is impossible to do anything about Time.

TIME, THE ONE AND ONLY ENERGY WHICH CAN NEVER BE STORED IN ANY FORM

Can anyone store Time and accumulate? Unlike so many other commodities which can be stored, hoarded and traded, Time is not for Trade in any manner. Thanks to our Creator, lest there would have been utter chaos in the world. If it would have been possible to hoard Time, the best and most precious item in the world was to hoard time! This world would then galore with 'TIME HOARDERS'!

THEN WHAT IS CLOCK OR WATCH?

Clock or Watch is a TIME energy meter like our electricity consumption monitoring device. Pay for what you use. How? Make the best use of what you use and evolve yourself for better. That is the cost of energy of TIME. Billing is done by the supplier at the last breath. If we are unable to clear the Bill, it will and shall be carried forward and no time limit at all to pay the bill! How we wish it was applicable to all other bills in our life!

ANY PENALTY FOR NOT PAYING THE TIME BILL?

Penalty comes into picture when the purpose of using the energy is in question. If we have used it for the good of everyone including the society, then there is absolutely no penalty at all! If not, yes, there are issues and we will even get a lot more time to pay the bill. How ironical it is!

WHAT IS THAT 'LOT MORE TIME' TO PAY THE BILL?

He/she will not only get plenty of Time and Space on earth to settle the bill as per their own wish. Repeated opportunities to refine and evolve in a morally right path and do as much good to everyone as much as possible and meet the ends of justice, including social justice.

ANY CONCESSION OR DISCOUNTS ON BILLS?

Yes, plenty. Provided every bit of Time energy is used for morally correct methods, lack of greed and helping everyone not only in the family but neighbourhood and society as well and in fact the entire humanity. Not to leave other living beings too.

WHAT IS THE COST PER UNIT OF TIME ENERGY?

The cost per unit of Time Energy is directly dependent on the purpose and purity of purpose. That means, when we utilise Time or rather spend Time for doing anything, the aim of the subject involved and the purity of thoughts behind that will be the criteria. To be more explicit, utilisation of Time is a matter of both quantitative and qualitative analysis and moral values involved in it shall be the criteria for the rate or price we pay for it. The rate goes up if the purity comes down. For the 'boot society and loot' category, the cost of Time energy is infinite.

WHAT ABOUT FOR PEOPLE WHO USE MORE OF THEIR RIGHT BRAIN?

This is an interesting question about interesting class of people. They will get whatever they want and wish, including the Creator Himself.

ANY BODY TREATED AS AN IMPORTANT PERSON?

None. No one, no matter who he/she is. The rules are absolutely strict and can never be bent or buckled. Person can be anything in the Space Energy, the entire Universe.

WHAT IS TO BE DONE NOT TO PAY THE TIME ENERGY BILL AT ALL?

Simple, make the best use of Time. The use includes self, family, friends and the society as well. Always be on a path

of moral righteousness. Harmony in thought, word and action has to be strictly implemented to the core in absolute terms. Honesty is not a qualification and nothing special about it while it is deemed that everyone is intrinsically honest. That should be the way of life.

ANY FAVOURTISIM AND SPECIAL TREATMENT?

No. None. Opportunities are equal to all. Rewards are directly dependent on their own actions as to how they deploy Time energy.

INFERENCE

The points mentioned above is nothing short of the Doctrine of Karma – as you sow, so shall you reap. It also covers the theory of reincarnation. We have the ‘Free will’ though conditioned, we are free to do what we want and the Space and Time are infinite. Therefore, TIME is energy and Time Energy is a Concept and it is the 4D of our life. Once we recognize and value Time Energy and use every minute for our evolution, there is bound to be a new lease of life. Recognition of Time as Time Energy is the first step for CHANGE!

CENTER OF 'ZERO GRAVITY' OF HUMAN BEINGS

CENTER OF ‘ZERO GRAVITY’ OF HUMAN BEINGS

I am sure anyone will jump from their seat as if they are hearing about Sun rising in the West! No, it is not a blunder. I mean what is stated. Perhaps it is a bit difficult to follow, but I am sure of my statement.

Truly, the Pineal Gland region is the Zero gravity point of human beings. Every mechanical design in this world is done giving due consideration for the center of gravity point, for physical, material objects and all that we can touch and feel with our sensory perceptions. As a parallel to conceptual perceptions, it is best that we understand the ‘Zero Gravity’ point as much as possible.

Gravitational force for everything physical that is going up like aircraft, spacecraft etc., is by taking the case of relative gravity, that of earth versus Moon in the outer space. Often, the scientific community explain the state of ‘weightlessness’ of human beings from specific points involving many physical parameters using mathematical physics and equations of motion – all coming under the subject of dynamics and kinematics. The scientists’

perspective is that of freefall from point A down to point B, of course, with velocity consideration as well to experience a condition of 'weightlessness'. NASA trains their Astronauts using a reduced gravity aircraft called 'Vomit Comet'.

Well, for conceptual perceptions, it is not the 'free fall' example to experience 'weightlessness', but just the opposite 'free rise'. Now, drawing a tangent to philosophy to get away from both contradiction and conflict of not only ideas but also what really matters for human beings is the case of 'rise' against 'fall'.

We have already fallen from some other Universe and it is time that we discuss 'free rise' using the concept of 'weightlessness' by 'free rise' and thus the 'Zero Gravity' point for humans is the Pineal Gland region which saints, sages, mystics and philosophers have referred to as 'THIRD EYE'. This is the 'ZERO GRAVITY' point of our body which can be reached to achieve 'free rise' to experience 'weightlessness' when the entire body itself is not felt. This is contrary to the state of 'weightlessness' resulting from velocity consideration of motion of physical objects. Whereas, in the case of physical human body, it is the MIND, the velocity of which has to be made 'Zero'. This means that the Mind has to be 'still' by avoiding all thoughts to experience the state of 'weightlessness'.

Incidentally, we observe the glaring conflict of interests with the scientific community! A scientist cannot become a Philosopher and vice versa! This Universe is dominated by science and technology and its gifts have lured the humanity, so much so, we are all 'addicted' to the gifts and have become slaves of it. Thus, there is no escape from the gifts and therefore, our interest in what is natural and absolute TRUTH cannot forge ahead. This book should be

an eye opener to take a few leaves and implement in life so that life becomes more meaningful and full!

Thus the Creator has duly allotted the portfolio of handling Concepts to Right Brain with a space of 87% versus 13% to Left Brain. I am very much tempted to draw your attention as to how the concept of Macrocosm is thus embedded in the human body.

With the knowledge Zero Gravity, understanding Space Time and Time as Time Energy, the 4D, of our life, there is an excellent opportunity to get a fresh lease of life synonymous with the title of this book.

Zero Gravity can be achieved by completely withdrawing the body currents to the Pineal Gland region which is called the 'Third Eye'. That is when the velocity of thoughts in the MIND becomes zero. In other words it is the MIND becoming still or stationary.

CONCLUSION

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What is available easily is never valued by us. Time is one such item which is as powerful as nuclear energy. Although it has a passive nature and fundamentally conceptual, it cannot show its effects immediately. Electricity for that matter is active and instantaneous in effect although it is also a concept since it has no physical characteristics. It shows its prowess only by effects. I do not think that there is any objection if we call electricity also as a Concept. In fact, Time is even more powerful than electricity but passive in nature.

By birth, we are habituated to play a low key on what is not instantaneous or immediate. Habits dominate us in almost every walk of life. First and foremost, to know the power of Time, our living ambience is such that everyone around us takes Time so lightly and they neither know its price nor the effects of it and hence there is no application of mind at all. Such a casual approach is disastrous.

To perceive Time as energy and create an awareness is an uphill task. Since ages, Time means a wrist watch or a wall clock and nothing more than that. The best part is we have digital clock and quartz clock and specifications being discussed in seconds accuracy while we are unable to value days, months and years itself.

I have presented any number of examples and citations to clearly distinguish between conceptual perceptions and sensory perceptions of brain and I firmly believe that it is adequate to comprehend for the readers.

All said and done, since brain reacts much easily and instantaneously to sensory perceptions, body feels the results as absolutely perfect. Therefore, we react and go along with sensory perceptions in real time and believe it to be true much against the conceptual perceptions. Hence, human beings are always slaves of sensory organs and thus sensual pleasures override long term interests of life. Unfortunately, by and large all sensual pleasures end up in ultimate pain than pleasure.

The success, accomplishment and evolution in every way is the prerogative of Right Brain and of course, with selective and timely Left Brain skills. But the perceptions of concepts is sluggish and we are not generally aware of its active presence in our life although it is the key to success.

Therefore, there is a dire need to recognize conceptual perceptions to excel in life and TIME is a potential source of energy which unfortunately is not getting the place and priority it duly and rightly deserves in our life.

CLOCK

Wrist watch, clock and all Time indicating devices including the ones on all electronic gadgets like cell phones etc., has become nothing short of elapsed time indicator. I must add here that I am not a pessimist and wanting them to be removed. It should not be misconstrued in any manner.

I am only on objective and qualitative analysis of the utility of such devices. They assume the nature and characteristics of a cosmetic appeal and in spirit, it is just a formality. I am

not even expressing dissatisfaction of about Time being associated with any of these gadgets. It is to be taken as value-based assessment rather than criticism.

RETURN ON TIME ENERGY

I am aware that we cannot change the world. Readers should take my comments on clock as a means to achieve the goal and not as a comment impossible to implement. The whole idea and purpose of this book is to, in the first place, take TIME as a potential source of energy and mother of all Concepts. Secondly, make the best use of the 'present' by counting every minute that has progressed on the watch in terms of 'Return of Investment on TIME'. Let us abbreviate it as 'RTE'.

In business we right away go to ROI (return on investment), because of a physical commodity of money being involved while, a 'silent blaster', the involvement of TIME has only become notional.

ARE WE CONFUSED BETWEEN 'STOPWATCH' AND 'CLOCK'?

No word or words are big or heavy to emphasise the energy of Time, the mother of earth and all that goes on in life. After all, from cradle to grave it is counting elapsed Time as STOPWATCH, and not by its prowess as ENERGY. The success is camouflaged in between the start of the 'stopwatch' and stop of the same 'stopwatch'. In fact, the demarcating line between the two, 'stopwatch' and 'clock' is very thin from the point of view of Time as potential energy. In a way, on a broad-based thought process, the complete LIFE ENERGY, as holistically viewed, is pivoted on 'TIME as ENERGY' and not 'elapsed time' as shown by clock. Therefore, the concept of 'Time by the clock' is

redundant and is purposeless or serves the purpose at its lowest point of displaying 'elapsed time's

LOOK AT TIME AS TIME ENERGY

'Ignorance is Bliss' is a famous proverb. But, bliss can never be ignorance. Not to get offended, can we look for a change. Change is inevitable and it is better that we initiate voluntarily rather than being forced on us. By habit, every human being, by and large, does not like changes and in this case it is the Time that plays its illusionary role because of our perennial habit of being misguided or misjudged by sensory perceptions. MIND normally resists change and discipline in any aspect and always prefers absolute independence and freewheeling. Stop the Mind and start the Time Energy! Change can very well challenge TIME in terms of most optimum use of Time Energy. Therefore, change the TIME to TIME ENERGY to excel!

**START A NEW LEASE
OF LIFE FROM
TODAY!**

START A NEW LEASE OF LIFE FROM TODAY!

INTROSPECT

There cannot be a greater power on earth than introspection by deploying Time Energy! Rarely we spend Time for ourselves while everything else demands its own priority. The best of thoughts can cross the mind when we are alone. Is this not the reason why mystics remain incognito and practically STOP TIME by stopping their Mind. Well, even if the argument is that we cannot go away like a mystic, no one is asking to do that.

Where there is a will there is a way. May be when we say 'will' there is a 'death'. Yes, there is a 'death'! Death of freewheeling of mind! This means concentration. That is when the pineal gland gets into action by selectively supplying information to brain instead of rushing stream of information.

Unfortunately, we are all averse to 'loneliness' and consider loneliness as a curse. We always seek company of someone or the other under all situations and under some pretext or the other. Therefore, it comes in the way of concentration.

By good concentration, mind can take stock of our concerns and find ways and means of solving the problems. The main focus should be on how we are deploying our Time Energy and take a holistic look and shortlist the energy drain out and thus eliminate the waste of Time.

The above exercise is not a one-time exercise and it has to be periodical and regular. Thus when we introspect sincerely, it is very likely that many pitfalls in our Time Energy management can be detected and suitable corrections applied.

POLLUTION IN THE MIND

This is a 'gray situation'. It may be that Mind puts forth its own logical argument to defend the in-defendable and still finds justice, reason and logic and decides that 'yes, I am right'. There will always be situations where we do not wish to share many points with others and thus become victims of our own thoughts despite knowing the consequences.

The entire thought process should be fully audited to remove pollutants and thus make the chain of thoughts absolutely pure and in the process, it demands being selfless. How far can this be done is a matter of self-evolution and respect for morality and values rather than self-centred and greedy speculations. Breaching morality will surely yield quick results, but eventually it will crash. Time Energy being passive, is bound to shoot down immoral, illegal, unjust and actions done with unsustainable self-interest. Let us recollect a proverb – 'God's mill grinds slowly but surely'. This is the power of Time Energy.

Therefore, mind, thought process, words and actions have

no choice except to be pure in letter and spirit to excel in life. May be all of us are tempted to quote the life of many who are recognized social looters and we do not have to bother about them or take their example under any circumstances.

The bottom line message is 3Ps – Purity, Purpose and Productivity - have to be followed to get the best out of Time Energy.

ASSOCIATION

This again is a very critical factor. “Birds of the same feathers flock together”. We need to audit and introspect thoroughly. We may by ourselves have good intentions and procedures in following the moral code of conduct, but the association we are in has to be very carefully observed. I know we are not in the Primary School, but my own experience of being a life coach suggests that we go on record on this point. Due to reasons of maintaining privacy of people who consult me, I cannot express much and I propose to just leave at that. There are horrible examples which I can cite but not in the public domain.

FOOD

This is yet another very important heading which needs a lot of deliberation. Again, I repeat that we are not in the Primary School. Agreed, but I have something to specifically mention it to my readers and if you accept it, you can surely see positive changes in life quite soon.

First and foremost, when we are sick and if we meet a doctor and he suggests an injection, what are our thoughts? The very information that the doctor will prick, most often does not suit us, and many will even become panicky and would like to avoid. A little further, even if a wound has to

be dressed up, we express so much of regret to avoid pain. But, we don't mind killing animals and eat its flesh. Is it reasonable? Will not animals cry when they are being slaughtered? What is the pain that they undergo? I am not trying to enter your private life on any point while I have a duty of presenting information holistically and morally too.

Human body is really not meant for flesh eating by virtue of its anatomical construction although people are non-vegetarians and most often as a hereditary habit and not by volition. Thus we continue without application of mind. We would not have even thought of it. I am thus trying to inject a thought and while again reasserting that it is not a class room.

Notwithstanding what is stated in the above para, it is true that historians have mentioned that humans have been omnivorous, their point is certainly questionable. I strongly believe in humans being herbivorous and let us forget about nutrition etc. Elephant, a mammoth animal, is herbivorous! Does it not have strength?

My suggestion, appeal and request is to get on to vegetarianism in your own interest. As already stated earlier, if we are born in a non-vegetarian family, without entertaining an idea or thought, anyone will naturally continue their habit and practice. Therefore, I mean no offence to anyone. The best that I can do is to provide you a ready web link and you can take an appropriate call as you deem it fit. Here is the link:

<http://www.celestialhealing.net/physicalveg3.htm>

PERSONAL HABITS

This is again another 'gray area' with all sorts of habits and

the worst is 'late night outing and parties'. Get up early and go to bed early is the medical advice. Working late at night under some pretext or the other has to be necessarily looked into. The neurological system will be terribly strained without proper sleep and thus it surely exposes us to health hazards.

Look at the nature. Can we find a bird in the nest after Sunrise? Likewise any bird out after Sunset? Of course some exceptions are there. That means they follow the nature strictly and their time zone is harmonious with nature. Human beings violate many rules of nature and thus deprive ourselves many gifts of nature. Wildlife goes on without any Veterinary doctor to treat! We have plenty of multi-specialty hospitals all around!

In a nutshell, it is obligatory on our part to go along with nature while we even try to control nature synthetically by ultra modern equipment and devices.

CONCENTRATION

It is imperative that to do any job, we need concentration. Without concentration no job shall go on effectively. There is a dire need for all to use the Right Brain to the fullest extent possible. Right Brain has to be activated in order to achieve concentration. As already mentioned earlier it has a portfolio to an extent of estimated 87% and since Right Brain and Left Brain are cross wired, we can even say that to a considerable extent it supports the Left Brain also.

The hidden potential and skill sets lie in the Right Brain and activating it goes a long way. Since we cannot identify and pin point Right Brain or Left Brain, it is best that the Pineal Gland region is made active and therefore, concentrate at the 'third eye' by practicing any means and by focusing all

the attention of the body there. Please do not be misguided by advertisements which say – ten-day course and open your third eye etc., and lose money. Concentration is a life time task and we cannot buy through advertisers.

By virtue of concentration, our overall life pattern will change and the quality of life is sure to improve. And it is the ultimate in getting the maximum of human life. Further, it will help doing any job better than yesterday!

I firmly believe and hope that you enjoyed reading this book and of course, you were with me in the cockpit, and the journey from finite to hit infinite has been beneficial if only we implement it in our life! Value Time Energy and it is in abundance in nature itself! TIME is the most precious ENERGY in the world! Use it and Excel!

Good Luck!

Everyone has a basic ambition of excelling in life. Why not? Movement starts by recognizing 4D, the fourth dimension. 4D is Spacetime. Space and Time are interwoven, so much so, there cannot be Time without Space and vice versa. This book disseminates information about the 4D.

TIME has to be recognized holistically and not by the wrist watch. Wrist watch is a mere elapsed time indicator or say a 'Stop Watch' which started at birth! The value of Time, rather the Time Energy is way beyond words. Every minute elapsed in life is very valuable and immeasurable in terms of its **energy**. Wrist watches and clocks measure Time accurately, but in total isolation of how the Time was utilised.

TIME is simply not Time, it is indeed TIME ENERGY. Does it sound strange? Perhaps the 'first ever time' that you may be hearing this. In reality, yes, it is truly the TIME ENERGY.

You will enjoy your journey from finite to infinite as you move on and get to know about the importance of Time as Time Energy. It is sure to leave indelible impressions in the mind.

E-Mail: <https://enlightenmind.org/excelinlife4d/>



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